QCD Trace Anomaly at the Interior of Twin Neutron Stars

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Theoretical Physics in Rio Rimac XIX Facultad de Ciencias - UNI - Lima, Peru February 26–28, 2025 Introduction to Particle Physics and QCD

- 2 Introduction to Neutron Star Physics
- 3 What is the QCD perspective on Neutron Stars?
- 4 The Dense QCD Trace Anomaly in Twin Stars
- 5 Summary and Outlook

1. Current Paradigm of Particle Physics



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The Standard Model of Particle Physics



Collider Experiments: LHC at CERN



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Collider Experiments: LHC at CERN



[CMS webpage, 2023]

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Brief History of Nuclear-Particle Physics

Theory			Experiment			
1918	Weyl's first gauge concept	1897	Thomson's discovery of electron e^- .			
1710	negr s hist gauge concept.	1919	Rutherford's discovery of proton p			
		1922	Confirmation that photon is elementary			
			(Compton).			
1928	Dirac's prediction of anti-particles.		(company)			
1929	Weyl's gauge theory of electromagnetism.					
	, , , , , ,	1932	Anderson discovers positron.			
			Evidence for neutron (Chadwick).			
1934	Fermi's theory of weak interactions.					
1935	Yukawa's prediction of the meson.					
		1947	Discovery of π -meson and μ -lepton.			
1954	Yang-Mills/Utiyama gauge field theory.					
1956	Lee and Yang predict non-conservation of	1956	Detection of neutrino (Reines and Cowan)			
	parity in weak interactions.		Wu et al. discover parity violation.			
1958	V-A theory of weak interactions.					
1961	Weak neutral-currents predicted (Glashow).					
1964	Higgs mechanism.					
	Quarks and strong force (Gell-Mann;					
	Zweig).					
	Coloured quarks and gluons (Greenberg; Han and Nambu).					
1967	Electroweak unification (Weinberg; Salam;					
	Glashow).					
1971	Renormalizability of gauge theories with					
	Spontaneous Symmetry Breaking					
	('t Hooft).					
1973	Quantum Chromodynamics Lagrangian	1973	Weak neutral-currents detected.			
	(Fritzsch, Gell-Mann and Leutwyler).					
		1974	Evidence of c-quark from the J/ψ			
			resonance.			
		1975	Evidence of τ -lepton.			
		1977	Evidence of b-quark from the γ resonance			
		1979	Evidence for the gluon in $e^+e^- \rightarrow 3$ jet			

- 1983 W[±], Z bosons discovered.
- 1994 Evidence for the t-quark.

QCD will make 52 years

Eur. Phys. J. C (2023) 83:1125 https://doi.org/10.1140/epjc/s10052-023-11949-2 THE EUROPEAN PHYSICAL JOURNAL C

Review

50 Years of quantum chromodynamics

Introduction and Review

Franz Gross^{1,2,a}, Eberhard Klempt^{3,b}, Stanley J. Brodsky⁴, Andrzej J. Buras⁵, Volker D. Burkert¹, Gudrun Heinrich⁶, Karl Jakobs⁷, Curtis A. Meyer⁸, Kostas Orginos^{1,2}, Michael Strickland⁹, Johanna Stachel¹⁰, Guila Zanderighi^{11,12}, Nora Brambilla^{5,12,13}, Peter Braun-Munzinger^{10,14}, Daniel Britzger¹¹, Simon Capstick¹⁵, Tom Cohen¹⁶, Volker Crede¹⁵, Martha Constantinou¹⁷, Christine Davies¹⁸, Luigi Del Debbio¹⁹, Achim Denig²⁰, Carleton De⁺Tar²¹, Alexandre Deur¹, Siguel A. Escobedo²⁶, Harald Fritzsch²⁷, Kenji Fukushima²⁸, Paolo Gambino^{11,29}, Dag Gillberg^{30,31}, Steven Gottlieb³⁷, Per Grafstrom^{33,34}, Massimiliano Grazzini³⁵, Boris Grube¹, Alexey Guskov³⁶, Toru Iijima³⁷, Xiangdong Ji¹⁶, Frithjof Karsch³⁸, Stefan Kluth¹¹, John B. Kogut^{39,40}, Frank Krauss⁴¹, Shunzo Kumano^{42,43}, Derek Leinweber⁴⁴, Pierre Maris⁵¹, Simone Marzani⁵², Wally Melnitchouk¹,

Quantum Chromodynamics (QCD)



[Wilczek, 2000]

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*Notable Property: Asymptotic Freedom

Nobel Prize of Physics 2004 - Wilczek/Gross and Politzer



*Notable Property (?): Color Confinement



Hardest Millenium Unsolved Problem:



[As of 25/02/2025]

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Non-perturbative QCD Vacuum Structure

We show QCD animations obtained by [D. Leinweber, 2003-2004]:The Euclidean Action Density (or Energy Density)

$$S_{E}(\vec{x},t) = rac{1}{2} F^{ab}_{\mu
u}(\vec{x},t) F^{ba}_{\mu
u}(\vec{x},t) = \operatorname{Tr}\left(\vec{E}^{2}(\vec{x},t) + \vec{B}^{2}(\vec{x},t)\right)$$

• Flux tubes in QCD ground-state vacuum fields:



2. Pulsating Source of Radiation \rightarrow **Pulsar**



[https://cnx.org/contents/v-2lbQIC@10/Pulsars-and-the-Discovery-of-Neutron-Stars]

Stages of stellar evolution (very simplified plot!)



Nuclear-matter formation through gravitational-collapse processes

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Example: The famous Crab nebula



This nebula contains a fast rotating neutron star

< <p>Image: A transmission of the second sec

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Pulsar Mass Observations [Lattimer, 2012]



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Maximal mass NS constraint



Radii data by NICER for canonical and maximal NS



Bands of data from NICER (Neutron Star Interior Composition Explorer)

Stellar Structure: The TOV Equations

- Tolman (1934) and Oppenheimer with Volkov (1939) derived the equations for hydrostatic equilibrium in relativistic stars in order to obtain their, in principle, observable **masses** and **radii**.
- These equations are

$$\frac{dP}{dr} = -\frac{G\mathscr{M}(r)\epsilon(r)}{r^2} \left[1 + \frac{P(r)}{\epsilon(r)}\right] \left[1 + \frac{4\pi r^3 P(r)}{\mathscr{M}(r)}\right] \left[1 - \frac{2G\mathscr{M}(r)}{r}\right]^{-1},$$
$$\frac{d\mathscr{M}}{dr} = 4\pi r^2 \epsilon(r),$$

with boundary conditions + physical conditions

 $P(r=0) = P_0, \quad \mathscr{M}(r=0) = 0, \quad P(r=R) = 0, \quad \mathscr{M}(R) = M.$

• To be solved consistently, one needs the microphysics input called Equation of State (EoS): $P = P(\epsilon)$ or $\epsilon = \epsilon(P)$.

The Oppenheimer-Volkov limit (1939)

• They modeled NS as a gas of relativistic degenerate neutrons in hydrostatic equilibrium with gravity, thus obtaining



(Sagert, Hempel, Greiner, JSB 2006)

Then, interactions + new phases are important !

Neutron-star interiors with exotic phases



Several existing EoS in the literature



Several different behaviors in the MR diagram



What about their dynamical stability?

By Newton's 2nd law one has

$$m\frac{d^2}{dt^2}x = -\frac{dV}{dx}$$

which becomes the following if assuming small perturbations $\xi(t)$ around a position of mechanical equilibrium $x_{A,B}$ (a constant), i.e. $x(t) = x_{A,B} + \xi(t) + O(\xi^2)$:

$$m\frac{d^2}{dt^2}\xi = -\left(\frac{\partial^2 V}{\partial x^2}\right)_{x_{A,B}}\xi.$$

Now, assuming a harmonic perturbation one would use as a reasonable ansatz $\xi(t) \propto \exp(\pm i\omega_{A,B}t)$, thus producing

$$\omega_{A,B}^2 \equiv \frac{1}{m} \left(\frac{\partial^2 V}{\partial x^2} \right)_{x_{A,E}}$$

What about their dynamical stability?



Example: The Famous 2D Pendulum

For this well-known oscillating problem, one has a potential energy of the form

$$V(\theta) = mgL\cos\theta,$$

thus giving

$$\omega^2 < 0$$
, for $\theta \in [\pi/2, 3\pi/2]$.



Relativistic Stellar Stability: General

Defining $\Delta r/r \equiv \xi$ and ΔP as the independent variables for the pulsation problem, one gets the coupled differential equations [Gondek *et al.*, 1997]:

$$rac{d\xi}{dr} = -rac{1}{r}\left(3\xi + rac{\Delta P}{\Gamma P}
ight) - rac{dP}{dr}rac{\xi}{(P+\epsilon)} \,,$$

and

$$\begin{split} \frac{d\Delta P}{dr} &= \xi \left\{ \omega^2 e^{\lambda - \nu} (P + \epsilon) r - 4 \frac{dP}{dr} \right\} + \\ &\qquad \xi \left\{ \left(\frac{dP}{dr} \right)^2 \frac{r}{(P + \epsilon)} - 8\pi e^{\lambda} (P + \epsilon) P r \right\} + \\ &\qquad \Delta P \left\{ \frac{dP}{dr} \frac{1}{P + \epsilon} - 4\pi (P + \epsilon) r e^{\lambda} \right\} \;, \end{split}$$

where ω is the oscillation frequency.

Relativistic Stellar Stability: 1st-order Phase Transitions in Hybrid Neutron Stars

$$\tau_{reactions} \ll \omega_0^{-1} \sim 1 \text{ ms}$$





$$\begin{cases} \Delta p^+ = \Delta p^- \\ \left[\xi - \frac{\Delta p}{r p_0'} \right]^+ = \left[\xi - \frac{\Delta p}{r p_0'} \right]^- \end{cases}$$

 $\tau_{reactions} \gg \omega_0^{-1} \sim 1 \text{ ms}$



$$\begin{cases} \Delta p^+ = \Delta p^- \\ \xi^+ = \xi^- \end{cases}$$

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3. Phase diagram (cartoon) of QCD



Thermal and dense QCD: Simple prescription but a challenging calculation

• The total pressure of a QCD can be obtained from

$$P(T, \{\mu_i\}) = T \log \int \mathcal{D} \bar{\psi} \mathcal{D} \psi \mathcal{D} A_{\mu} e^{-\int d^3 x \int_0^{1/T} d\tau \mathcal{L}_{ ext{QCD}}^{ ext{E}}}.$$

• For $T \neq 0$ and $\mu \leq T$: Lattice-gauge-field theory methods **apply**.

- For μ ≥ T: Unfeasible due to the fermionic sign problem.
 In general, this is an example of the NP ≠ P conjecture proposed as a Millenium Problem still lacking a proof [arXiv: 0408370, 2007.05436].
- Perturbative control at low densities (chiral effective field theory) and at ultra-high densities (perturbative QCD through $\alpha_s(\mu) \sim 1/\log(\mu^2)$), both in the **cold limit**.

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The lattice QCD equation of state at finite 'T'



Chiral Effective (Perturbation) Theory



Hierarchy of chiral nuclear interactions up to fifth order in the chiral expansion [C. Drischler et al., 2010].

Cold and dense perturbative QCD (pQCD)



$$P(\mu_B)/P_{\text{free}} \sim 1 + \underbrace{c_1 g^2}_{NLO} + \underbrace{c_2 g^4 + c_2' g^4 \log g}_{NNLO} + \underbrace{c_3' g^6 \log^2 g + c_3'' g^6 \log g + \dots}_{N^3 LO}$$

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OPEN Evidence for quark-matter cores in massive neutron stars

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[Nature Phys. 16 (2020) 9, 907-910]

Ex.: Constraining the neutron star equation of state



Ex.: Constraining the neutron star equation of state



4. Some Recent Related Work

PHYSICAL REVIEW D 110, 114014 (2024)

How the QCD trace anomaly behaves at the core of twin stars?

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(Received 23 August 2024; accepted 21 November 2024; published 9 December 2024)

We investigate the behavior of the dense and cold (normalized) quantum chromodynamics (QCD) trace anomaly, Δ , in the interior of twin neutron stars (obtained from several sets of equations of state in agreement with modern compact-star and multimessenger data) satisfying static and dynamic stability conditions. We scan the formed twin-star parameter space in order to look for effects caused by the presence of a strong first-order phase transition connecting hadron and quark phases by means of a Maxwell construction. We found robustly that Δ suffers an abrupt decrease around the transition point, even reaching large negative values ($\Delta \simeq -0.35$), in marked contrast to current studies pointing out a

[JCJ et al., 2024]

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Motivation



Phase boundaries and EoS (left) and corresponding M-R diagram (right) [Ecker et al., 2402.11013]

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Motivation



[Naseri et al., 2406.15544]

Twin-star matter essentials



Trace anomaly in dense matter

• QCD trace anomaly as measure of breaking conformal invariance:

$$\eta_{\mu\nu}T^{\mu\nu}_{\rm QCD} \equiv T^{\mu}_{\mu} = rac{eta_{
m QCD}}{2g}G^a_{\mu\nu}G^{\mu\nu}_a + (1+\gamma_m)\sum_f m_f\overline{q}_f q_f.$$

• Thermal/dense case:

$$\left\langle T^{\mu}_{\mu}\right\rangle_{\mu_{B},T}=\epsilon-3P.$$

• Normalized thermal/dense case:

$$\Delta \equiv \frac{\langle T^{\mu}_{\mu} \rangle_{\mu_{B},T}}{3\epsilon} = \frac{1}{3} - \frac{P}{\epsilon}.$$

• Causality ($P=\epsilon$, i.e. $c_s^2=1$) and non-relativistic ($P\ll\epsilon$) limits

$$-rac{2}{3}(pprox-0.667)\leq\Delta<rac{1}{3}(pprox0.333).$$

Trace anomaly in neutron-star interiors



Trace anomaly behavior with different NS data [Y. Fujimoto *et al.*, PRL 129, 252702 (2022)]

In-medium Trace Anomaly in QCD Matter



Behavior of \triangle for different kinds of extreme matter [J. C. J. *et al.*, 2408.11614]

Twin-star Matter and Seidov's Criterium

• Constant-speed-of-sound parametrization for the equation of state

$$\epsilon(P) = \begin{cases} \epsilon_{\rm H}(P) & P < P_t, \\ \epsilon_{\rm H}(P_t) + \Delta \epsilon + s^{-1}(P - P_t) & P > P_t. \end{cases}$$

• Seidov's criterium to ensure the twin-star branch in the MR diagram

$$\Delta \epsilon \geq \Delta \epsilon_{
m crit} \equiv rac{1}{2} \epsilon_t + rac{3}{2} P_t$$

• Particular set of parameters (in units of $MeV fm^{-3}$) used

Category	$\epsilon_{H}^{\max} = \epsilon_{t}$	ϵ_Q^{\min}	P_t	$\Delta \epsilon$	c_s^2
I	333.08	607.34	70	274	1
	333.08	878.88	70	545	1
	263.73	441.62	30	178	1
IV	212.91	370.85	10	157	1

Studied Twin-Star Equations of State



Family of EoSs for Category I-IV stable twin stars with rapid conversions.

M–*R* for rapid Category II twin stars



Δ for rapid Category II twin stars



M-R for slow Category II twin stars



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Δ for slow Category II twin stars



Some insights for dense QCD

• Conjecture of $\Delta > 0$ (Fujimoto et al., 2022) through

$$\frac{\epsilon - 3P}{P_{\text{ideal}}} = \mu_B \frac{dN_{\text{eff}}}{d\mu_B} > 0,$$

where $N_{\text{eff}} \equiv P/P_{\text{ideal}}$ and $P_{\text{ideal}} \equiv N_c N_f \frac{\mu_B^4}{12\pi^2}$.
In our case, a finite latent heat, Q_i is present:

$$Q = \mu_{c} \Delta n_{B} = \left\langle T^{\mu}_{\mu} (\mu^{+}_{B} \to \mu_{c}) \right\rangle_{Q} - \left\langle T^{\mu}_{\mu} (\mu^{-}_{B} \to \mu_{c}) \right\rangle_{H},$$

or equivalently

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$$\frac{Q}{\mu_{c}^{4}} = \mu_{c} \left[\left(\frac{dN_{\text{eff}}^{Q}}{d\mu_{B}^{+}} \right) - \left(\frac{dN_{\text{eff}}^{H}}{d\mu_{B}^{-}} \right) \right]_{\mu_{B}^{\pm} \to \mu_{c}}$$

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- The **standard model** of particle physics is better to be understood as an **effective theory**.
- Color confinement and (hadron) mass generation from QCD (from an analytic viewpoint) are the hardest and relevant questions of modern theoretical physics.
- Multimessenger astrophysics is expected to give insights into the **building** and **constraining** of the equation of state for QCD matter.
- The modern paradigm in QCD is that even if we don't have full answers, **insights** should be gained in every possible way.

But don't forget ...



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